**King County Community Resource List**

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| *EMERGENCY ASSISTANCE* | |
| **Police, Fire, Medical, Ambulance** | **911** |
| **Police Stations:**  Auburn: 340 East Main St, Ste 201, Auburn WA 98002  Bellevue: 450 110th Ave NE, Bellevue WA 98009  Black Diamond: 25510 Lawson St, Black Diamond WA 98010  Bothell: 18410 101st Ave NE, Bothell WA 98011  Clyde Hill: 9605 NE 24th St, Clyde Hill WA 98004  Des Moines: 21900 11th Ave S, Des Moines WA 98198  Duvall/ Carnation: 26225 NE Stephens St, Duvall WA 98019  Enumclaw: 1750 Wells St, Enumclaw WA 98022  Federal Way: 33325 8th Ave S., Federal Way WA 98003  Kent: 232 4th Ave S, Kent WA 98032  Issaquah: 130 E Sunset Way, Issaquah WA 98027  Lake Forest Park: 17425 Ballinger Way NE, Lake Forest Park WA 98155  Maple Valley: 22017 SW Wax Rd, Ste 100, Maple Valley WA 98038  Medina: 501 Evergreen Point Blvd, Medina WA 98039  Mercer Island: 9611 SE 36th St, Mercer Island WA 98040  Renton: 1055 S. Grady Way, Renton WA 98057  Redmond: 8701 160th Ave NE, Redmond WA 98073  Sammamish: 801 228th Ave SE, Sammamish WA 98075  Seattle E Precinct: 1519 12th Ave, Seattle WA 98122  Seattle N. Precinct: 10049 College Way N, Seattle WA 98133  Seattle S. Precinct: 3001 S. Myrtle, Seattle WA 98108  Seattle S.W. Precinct: 2300 S.W. Webster, Seattle WA 98106  Seattle W. Precinct: 810 Virginia St, Seattle WA 98101  Snoqualmie/ North Bend: 34825 SW Douglas St, Snoqualmie WA 98065  Woodinville: 17301 133rd Ave NE, Woodinville WA 98072  **King County Sheriff’s Offices**  Main Office: 516 3rd Ave, Rm W-150, Seattle WA 98104  Precinct 2: 801 228th Ave SE, Suite 202, Sammamish WA 98075  Precinct 3: 2230 SE 231st St, Maple Valley WA 98038  Precinct 4: 149 05 6th Ave SW, Burien WA 98166  Precinct 4: 4800 S. 188th St, SeaTac WA 98188  Shoreline Precinct: 1206 N 185th St, Shoreline WA 98133  **King County Sheriff’s Substations**  Lake Dolloff: 4950 S.298th St, Federal Way WA 98001 (No regular hours, call first)  Muckleshoot Tribal Nation: 38903 172nd Ave SE, Auburn WA 98092 (M-F 8am-4pm)  Newcastle: 12835 Newcastle Way, Suite 200, Newcastle WA 98056 (M-F 8am-5pm)  Skykomish: 119 4th St N., Skykomish WA 98288 (No regular hours, call first)  White Center: 9609 16th Ave SW, Seattle WA 98112 (No regular hours, call first) | 253-288-2121  425-452-6917  253-631-1012  425-486-1254  425-454-7187  206-878-3301  425-788-1519  360-825-3505  253-835-6700  253-852-2121  425-837-3200  206-364-8216  425-413-5158  425-454-1332  206-275-7610  425-235-2121  425-556-2500  206-295-0770  206-684-4300  206-684-0850  206-386-1850  206-733-9800  206-684-8917  425-888-3333  206-296-3311  206-296-4155  206-263-9133  206-477-6446  206-477-2200  206-973-4900  206-801-2710  206-477-1242  253-876-3246  425-649-4444 ex 120  206-477-3101  206-477-1237 |
| Adult Protective Services [www.altsa.dshs.wa.gov/aps](http://www.altsa.dshs.wa.gov/aps) | 800-422-3263 |
| CPS (Children’s Protective Services)  King East: 805 156th Ave NE, Bellevue WA 98007  King South: 1313 W Meeker St, #102, Kent WA 98032  King West: 100 West Harrison, South Tower Suite 100, Seattle WA 98119  Martin Luther King Jr.: 3600 S. Graham St, Seattle WA 98118  Office of Indian Child Welfare: 4045 Delridge Way SW Suite 300, Seattle WA 98106  White Center: 4045 Delridge Way SW Suite 300, Seattle WA 98106 | 866-END-HARM  206-590-3000  253-372-5930  206-691-2300  206-760-2068  206-923-4904  206-923-4904 |
| Crisis Clinic – King County 2-1-1  24hour hotline, Interpreters Available <http://crisisclinic.org/find-help/crisis-line/> | 866-4CRISIS  866-427-4747 |
| Domestic Violence National Hotline – 24/7 [www.thehotline.org](http://www.thehotline.org) | 800-799-7233 |
| National Child Abuse/Neglect Hotline [www.childhelp.org](http://www.childhelp.org) | 800-422-4453 |
| National Runaway Switchboard [www.nrscrisisline.org](http://www.nrscrisisline.org) | 800-RUNAWAY |
| National Suicide Prevention Hotline – 24/7  <http://www.suicidepreventionlifeline.org/> | 800-273-TALK  800-273-8255 |
| Poison Control Center [www.wapc.org](http://www.wapc.org) | 800-222-1222 |
| Sexual Assault Resource Line (24/7) | 888-99-VOICE  888-99-86423 |
| *SHELTERS/HOUSING/UTILITIES* | |
| American Red Cross  1900 25th Ave S, Seattle WA 98144 <http://www.redcross.org/wa/seattle> | 206-323-2345 |
| Bread of Life Mission (Men 18+, $5 a night) Pre-Register M-F 10-4  97 S Main St, Seattle, WA, 98104 | 206-682-3579 |
| Catholic Community Services- Volunteer Chore Services | 206-328-5787 |
| Catholic Community Services Shelters (check website for transitional housing)  ARISE- St. Anthony’s Church 314 S 4th St, Renton WA 98057 (Men, call for openings)  HOME- 1229 W Smith St, Kent WA 98032 (Men, Intake M/W 1-3 & 5-7, Tu/Th)  St. Martin-1561 Alaskan Way S, Seattle WA 98134 (Men 50+, screen nightly 6:30)  Noel House-2030 3rd Ave,Seattle WA 98121 (Women 18+ no children,screening 6-9PM)  <http://www.ccsww.org/site/PageServer?pagename=homeless_index> | 253-854-0077 ex 2  253-854-0077 ex 2  206-323-6341  206-441-3210 |
| Centerstone (Provides energy & housing assistance & financial coaching)  722 18th Ave, Seattle WA 98122 | 206-812-4940 |
| Community Health Access Program CHAP (Utility discount program) | 800-756-5437 |
| Compass Center (Emergency services, meals, banking, mail, hygiene, shelter/  77 S Washington St, Seattle WA 98104 transitional housing for homeless & low income) | 206-461-7835 |
| Congregations for the Homeless (Men age 18+)  752 108th Ave NE First Congregational Church, Bellevue, WA, 98004 | 425-614-6506 |
| Downtown Emergency Shelter Center Intake daily 8-4:45 @ 3rd Ave Office  515 3rd Ave, Seattle WA 98104 (Women 18+, Men 60+, no children)  510 Minor Ave N, Seattle WA 98109 (Women w/ mental illness, no children) | 206-464-1570  206-621-7027 |
| Family Housing Connection (Emergency Housing- schedule an intake appointment) | 2-1-1 |
| Hospitality House (Women 18+, no children) Screening-daily 1-8PM, call for appt  1419 SW 150th St, Burien WA 98166 | 206-242-1860 |
| King County Community Repair Program  Auburn- Minor Housing Repair Program  Bellevue- Major Housing Repair Program  Covington- Minor Housing Repair Program  Des Moines- Minor Housing Repair Program  Federal Way- Minor Housing Repair Program  Kent- Minor Housing Repair Program  Renton- Minor Housing Repair Program  Sea Tac- Minor Housing Repair Program  Shoreline- Minor Housing Repair Program  Tukwila- Minor Housing Repair Program  Seattle- Major Housing Repair Program within City of Seattle  Seattle- Senior Services Minor Repair Program  <http://www.kingcounty.gov/socialservices/Housing/ServicesAndPrograms/Services/HousingRepair.aspx> | 253-931-3099  425-452-6884  253-638-1110 ex 2237  206-870-6558  253-835-2401  253-856-5065  425-430-6600  206-973-4815  206-448-5751  206-433-7180  206-684-0244  206-448-5751 |
| King County 2-1-1  <http://crisisclinic.org/find-help/crisis-line/> | 866-4CRISIS  866-427-4747 |
| Habitat for Humanity | 206-292-5240 |
| Hopelink Centers (open M-F 8:30-5pm, except as noted)  (Shelter, transitional housing, financial assistance, childcare, employment, healthcare)  Bellevue- 14812 Main St, Bellevue WA 98007  Kirkland-11011 120th Ave NE, Kirkland WA 98033  Redmond Admin Office- 10675 Willows Rd NE, Ste 275 ,Redmond WA 98052  Redmond- 16725 Cleveland St, Redmond WA 98052  Shoreline- 15809 Westminster Way N, Shoreline WA 98133  Sno-Valley- 31957 E. Commercial St, Carnation WA 98014 <https://www.hope-link.org> | 425-943-7555  425-889-7880  425-869-6000  425-882-0241  206-440-7300  425-333-4163 |
| King County Housing Authority’s Weatherization Program | 206-214-1240 |
| Mamma’s Hands (Transitional shelter for pregnant women and women w/ children) | 206-915-2073 |
| Mary’s Place (Women & children) Intake M-F 9-3, after hours 206-448-3119  1830 9th Ave, Seattle WA 98101 | 206-621-8474 |
| Master Builders Care Foundation- Rampathon (wheelchair ramps one day a year) | 425-451-7920 |
| Mercy Housing Northwest 2505 3rd Ave, Ste 204, Seattle WA 98121 | 206-838-5700 |
| Muslim Housing Service 6727 Rainer Ave S, Seattle WA 98118 | 206-723-1712 |
| Operation Nightwatch- shelter dispatch (Men & Women 18+, no children) 9PM-12AM  302 14th Ave S,Seattle WA 98144(Men need referral ticket from DESC or Bread of Life) | 206-329-2099 |
| Puget Sound Energy (PSE) <https://www.pse.com> | 1-800-225-5773 |
| Pioneer Human Services (Transitional, Permanent, Veteran Housing)  7440 W. Marginal Way S, Seattle WA 98108 <http://pioneerhumanservices.org/housing/> | 206-624-0082 ex 104 |
| REACH Center of Hope- Day Center M-F 8-5/ Night Shelter 7PM-8AM  1055 S Grady Way, Renton WA 98057 / Shelter- local churches | 425-277-7594 |
| Seattle Public Utilities- Utility Discount Program  Walk-in hours: Drop off paperwork M-F 8-4, See Staff M-F 8-10am & 1:30-3:30pm  810 3rd Ave, Ste 350, Seattle WA 98104  <http://www.seattle.gov/util/MyServices/MyAccount/GetHelpwithUtilityBill/index.htm> | 206-684-0268  206-233-2778 |
| Rebuild Together- non-profit organization  Seattle (Tukwila to Everett) <http://www.rtseattle.org/>  South Sound (Federal Way, Auburn, Pierce County) [www.rebuildingtogetherss.org](http://www.rebuildingtogetherss.org) | 206-682-1231  253-722-5850 |
| Salvation Army – help w/ rent/mortgage/utilities  Bellevue- 911 164th Ave NE, Bellevue WA 98008  Federal Way- 26419 16th Ave S, Des Moines WA 98198  Kent- 1209 Central Ave S, Ste 145, Kent WA 98032  Renton-720 S. Tobin St, Renton WA 98055  Seattle-1101 Pike St, Seattle WA 98101  Seattle- 9501 Greenwood Ave N, Seattle WA 98103  Seattle- 9050 16th Ave SW, Seattle WA 98106  <http://www.salvationarmynw.org/usw_northwest/home> | 425-452-7300  253-946-1346  253-852-4983  425-271-9444  206-405-4290  206-783-1225  206-767-3150 |
| Salvation Army (Women, no children, $5 per day)  1101 Pike St, Seattle WA 98101 (phone screening M 8:15-12 & 1-3, Tu-F 8:15-12, 1-4) | 206-447-9944 |
| Seattle Indian Center (Men 18+, $15 nightly, $90 weekly)  1265 S Main St, Ste 105, Seattle WA 98144 (walk in only 7-10:30PM) | 206-329-8700 |
| Seattle’s Union Gospel Mission  318 2nd Ave, Ex S, Seattle WA 98104 (Men) Intake- daily 9AM-7:15PM  3802 S Othello St, Seattle WA 98118 (Couples, women w/ or w/o children)  Call for Telephone screening M-F 8:30-9AM | 206-622-5177  206-628-2008 |
| Share / Wheel (Screening for night shelter at 6PM Tu/W/F/Sat & 1PM M/Th)  Josephinum 1902 2nd Ave, 1st floor, Seattle WA 98101  Does NOT screen for Lakeview Women’s, Univ Lutheran Women’s shelter and Tent city | 206-448-7889  206-956-0334 |
| Department of Community and Health Services  401 5th Ave, Ste 500, Seattle WA 98104  <http://www.kingcounty.gov/operations/DCHS/contracts/ServiceAreas.aspx> | 206-263-6100  TTY 771 |
| Sophia Way (Single Women, not fleeing DV) Intake M-F 9-5 St. Luke’s Church 3030 Bellevue Way NE, Bellevue WA 98004 | 425-463-6285 |
| Special Delivery (Emergency housing for pregnant women- Call for locations) | 425-485-3582 |
| St. Vincent De Paul (Call helpline to request assistant with rent, utilities, food, etc) | 206-767-6449 |
| Volunteers of America (Emergency assistance- rent/mortgage/utilities) | 888-216-5459 |
| Washington Telephone Assistance Program [www.dshs.wa.gov/wtap](http://www.dshs.wa.gov/wtap) | 1-888-333-9882 |
| YWCA Angeline’s Center for Homeless Women- 2030 3rd Ave, Seattle WA 98121 East Cherry Branch-2820 E Cherry St, Seattle WA 98122 Opportunity Place- 2024 3rd Ave, Seattle WA 98121  South King County Regional Center: 1010 S 2nd St, Renton WA 98057 <http://www.ywcaworks.org> | 206-436-8650  206-568-7845  206-436-8660  425-264-1400 |
| *FINANCIAL/LEGAL ASSISTANCE* | |
| American Red Cross  1900 25th Ave S, Seattle WA 98144 [www.redcross.org](http://www.redcross.org) | 206-323-2345 |
| Care Crisis Line Language Interpretation in more than 155 languages | 1-866-4CRISIS  1-866-427-4747  TTY 206-461-3219 |
| CLEAR/Northwest Justice Project  nwjustice.org | 1-888-387-7111  1-888-201-1014 |
| Deaf Hotline  King County Hotline (24 hour hotline via videophone)  National Hotline (Mon- Fri 9am-5pm via videophone) [Deafhelp@thehotline.org](mailto:Deafhelp@thehotline.org) | 206-812-1001  1-855-812-1001 |
| Dispute Resolution Center of King County  Mediation and training services for landlords and tenants, families, the community and the workplace <http://www.kcdrc.org/> | 888-803-4696  206-443-9603 |
| Home Foreclosure Legal Aid Project | 877-894-4663 |
| See Hopelink in SHELTERS/HOUSING/UTILITIES section |  |
| Moderate Means Program (connect clients with attorneys that work at lower rates) | 855-741-6930 |
| Northwest Immigrant Rights Project (defending and advancing the rights through legal services, advocacy and community education) <http://www.nwirp.org/Home.aspx> | 206-587-4009  800-445-5771 |
| Protection Order Advocacy Program- See DOMESTIC VIOLENCE SUPPORT section |  |
| King County Family Law Facilitator Program  King County Courthouse: 516 Third Ave, Rm W-382, Seattle WA 98104  Walk In Hours: M-F 9:30am-12pm and Wed & Fri 2:15pm-4pm  Regional Justice Center: 401 4th Ave, Rm 3-D, Kent WA 98032  Walk In Hours: M-F 9:30am-12pm and Mon & Thurs 2:15pm-4pm  <http://www.kingcounty.gov/courts/FamilyCourt/facilitator.aspx> | 206-296-9092  206-205-2526 |
| King County Team Child – Legal advocacy for Youth  1225 S. Weller, Ste 420, Seattle WA 98144 <http://www.teamchild.org/index.php/counties/king/> | 206-322-2444 |
| Social Security Administration  505 106th Ave NE, Bellevue WA 98004  151 SW 156th St, Burien WA 98166  1019 W James St, Kent WA 98032  901 Lenora, Seattle WA 98121  675 S Lane St, Seattle WA 98104  13510 Aurora Ave N, Seattle WA 98133 [www.ssa.gov](http://www.ssa.gov) | 1-800-772-1213 |
| Washington State Dept. of Labor and Industries  Crime Victims’ Compensation Workers Compensation [www.lni.wa.gov](http://www.lni.wa.gov) | 1-800-762-3716  360-902-4817 |
| Washington State WorkSource - Unemployment  <https://fortress.wa.gov/esd/worksource/Employment.aspx> ‎ | 1-800-362-4636 |
| *DOMESTIC VIOLENCE SUPPORT* | |
| Crisis Clinic – King County 2-1-1  24 hour hotline. Language Interpretation in more than 155 languages  <http://crisisclinic.org/find-help/crisis-line/> | 1-866-4CRISIS  1-866-427-4747  TTY 206-461-3219 |
| Harborview Center for Sexual Assault & Traumatic Stress (Crisis counseling, advocacy) | 206-521-1800 |
| King County Domestic Violence Information  <http://www.kingcounty.gov/courts/Clerk/DomesticViolence> | 206-205-5555 |
| King County Advocacy Groups:  Abused Deaf Women’s Advocacy Services (serves victims who are deaf or hearing impaired) <http://www.adwas.org/>  Chaya (serves South Asian women victims and their children)  Consejo Counseling (offers advocacy and counseling for Spanish speaking persons)  Jewish Family Services (serves Jewish victims and their children)  Refugee Women’s Alliance (serves refugee women and advocacy in many languages)  Seattle Counseling Service for Sexual Minorities (serves gay men who are victims)  Seattle Indian Health Board (serves Native American victims)  The Asian Pacific Islander Women and Family Safety Center  The Northwest Network for Bisexual, Trans, and Lesbian Survivors of Abuse  United Indians of All Tribes Foundation  YWCA African American Family Network (serves Black/ African- American victims) | 206-726-0093  425-227-0088  206-461-4880  206-461-3240  206-721-0243  206-323-1768  206-324-9360 ex 2806 or 2807  206-467-9976  206-568-7777  206-285-4425  206-461-8480 ex 3 |
| King County Sexual Assault Resource Center  200 Mill Ave, Ste 10, Renton WA 98057 | 888-99-VOICE  888-998-6423 |
| National Domestic Violence Hotline (24 hour Hotline) | 1-800-799-SAFE  1-800-799-7233 |
| Northwest Family Life Learning and Counseling Center  Provides victim support and advocacy programs & children's therapeutic play-groups  <http://northwestfamilylife.org/domestic-violence/> | 206-363-9601 |
| Protection Order Advocacy Program  Seattle: 516 3rd Ave, Rm C213, Seattle WA 98104  Kent: 401 4th Ave N, Rm 2B, Kent WA 98032  Redmond: 8601 160th Ave NE, Redmond WA 98052 <http://protectionorder.org/> | 206-296-9547  206-205-7406  206-205-7012 |
| Emergency Domestic Violence Shelters  DAWN (serves women and men w/ or w/o children)  [http:/ / dawnonline. org](http://dawnonline.org/)  LifeWire (serves any gender w/ or w/o children)  [http:/ / lifewire. org](http://lifewire.org/)  New Beginnings (serves women w/ or w/o children)  [http:/ / dawnonline. org](http://dawnonline.org/)  Salvation Army- Catherine Booth House (serves women w/ or w/o children)  [http:/ / salvationarmynw. org](http://salvationarmynw.org/)  Solid Ground- Boardview (serves women w/ children, no males over age 17)  [http:/ / www. solid-ground. org/ programs/ housing/ broadview/ pages/ default. aspx](http://www.solid-ground.org/Programs/Housing/Broadview/Pages/default.aspx)  YWCA (serves women w/ children)  <http://www.ywcaworks.org> | 425-656-7867  425-746-1940  206-522-9472  206-324-4943  206-299-2500  206-461-4882 |
| Washington State Coalition Against Domestic Violence Hours: Mon- Fri 8am-5pm  Get Help Now Language Interpretation in more than 170 languages | 1-800-562-6025 |
| *FOOD BANKS (contact 2-1-1 for meal program locations)* *\*May be able to help w/ baby food and supplies* | |
| Adra P. Berry Food Bank Hours: Th 3-4PM  31104 SE 86th St, Preston WA 98050 | 425-222-5573 |
| Asian Counseling and Referral Service Hours: Wed 11:30-1PM over age 55 or disabled  919 S King St, Seattle WA 98104 Fri 11:30-1PM general public | 206-292-5714 |
| Auburn Food Bank Hours: M/Tu/Th/F 9AM-1PM, 2nd Wed of each month 4:30-6:15PM  930 18th Pl NE, Auburn WA 98002 | 253-833-8925 |
| \*Ballard Food Bank Hours: Tues 11AM-6PM & Wed/ Thurs/Sat 11AM-3PM  5130 Leary Ave NW, Seattle WA 98107 | 206-789-7800 |
| \*Beacon Ave Food Bank Hours: Wed & Fri 12-2PM (3rd week of the month-baby needs)  Bethany Church of Christ 6230 Beacon Ave S, Seattle WA 98108 | 206-722-5105 |
| Bethany Community Church Hours: Mon 6-7PM  1147 N 81st St, Seattle WA 98103 | 206-524-9000 |
| Black Diamond Community Center Hours: M-F 1-4PM  31605 3rd Ave, Black Diamond WA 98010 | 360-886-1011 |
| Blessed Sacrament Church Food Bank Hours: Fri 10:30AM-12PM  5050 8th Ave NE, Seattle WA 98105 | 206-930-6005 |
| Bread from Heaven Church Hours: 1st, 3rd and 5th Sat 11AM-1PM  27215 124th Ave SE, Kent WA 98030 | 253-569-8783 |
| Centerstone Hours: Tu 11AM-4PM, W 12-4PM & Th 9AM-1PM  722 18th Ave, Seattle WA 98122 | 206-812-4970 |
| \*CHS North Seattle Family Resource Center: Hours: M 10-5, Tu-Th 9-5, F 9-3  2611 NE 125th St, Ste 145, Seattle WA 98125 | 206-364-7930 |
| \*CHS South King County Family Resource Center: Hours: M-F 8:30-5  212 5th Ave S, Kent WA 98032 | 253-854-0700 |
| Des Moines Area Food Bank Hours: M/W/F 9-11:45AM, 3rd Tu each month 6-8PM  United Methodist Church 22225 9th Ave S, Des Moines WA 98198 | 206-878-2660 |
| El Centro de la Raza Hours: W 3:30-6:30PM, Th 9-12 & 1:30-4, F 2-4PM  2524 16th Ave S, Seattle WA 98144 | 206-957-4634 |
| Enumclaw Kiwanis Food Bank Hours: M-W 9-11:45AM  1350 Cole St, Enumclaw WA 98022 | 360-825-6188 |
| Fall City Community Food Pantry Hours: 1st& 3rd Wed 12-1:30PM & 6:30-7:30PM  UMC 4326 337th Pl SE, Fall City WA 98024 | 425-222-5458 |
| Family Works Hours: Tu 12-2PM, Th 3-6PM, F 11-1PM Commodities 3rd Sat 9-12  1501 N 45th St, Seattle WA 98103 | 425-222-5458 |
| Federal Way Senior Center Hours: Food Pantry M/Th 8:15-11:15 Breakfast M-F 8-10:30  4016 S 352nd St, Auburn WA 98001 Lunch M-F 12-12:30PM | 253-838-3604 |
| Filipino Community of Seattle Hours: Tu/Th 12-2PM  5740 MLK Jr Way S, Seattle WA 98118 | 206-722-9372 |
| Food Lifeline (Food bank/ meal finder) <https://foodlifeline.org/need-food> | 877-404-7543 |
| \*Greenwood Food Bank VOA Hours: Public M 3-7PM, W 1-5PM, Th 12-3PM, 3rd Sat  9041 Greenwood Ave N, Seattle WA 98103 10AM-2PM, Disabled Th 10-12 | 206-782-6731 |
| Highline Area Food Bank Hours: Tu 12-2:30PM, Th 10-12:30, 2nd Tu each month 5:30-7  Manhattan Community Center 18300 4th Ave S, Seattle WA 98148 | 206-433-9900 |
| Hopelink Bellevue Hours M/W/Th 10AM-2PM & Tu 3-7PM  14812 Main St, Bellevue WA 98007 | 425-943-7555 |
| Hopelink Kirkland Hours: M-F 8:30-5  11011 120th Ave NE, Kirkland WA 98033 | 425-889-7880 |
| Hopelink Redmond Hours: General Public 2nd & 4th W 11:30-1, 2nd & 4th Th 10:30-12  16725 Cleveland St, Redmond WA 98052 Senior/ Disabled 1st & 3rd Th 10:30-12 | 425-882-0241 |
| Hopelink Shoreline Hours: 1st & 3rd Tu 10AM-1PM & 2nd & 4th Tu 5-8PM & 2nd and 4th  15809 Westminster Way N, Shoreline WA 98133 Wed 10AM-1PM | 206-440-7300 |
| Hopelink Sno-Valley Hours: 1st & 3rd Th 11AM-1:30PM & 2nd & 4th Wed 5-6:45PM  31957 E Commercial St, Carnation WA 98014 | 425-333-4163 |
| Immanuel Community Services Hours: Last two Mon each month 11AM-1PM  1215 Thomas St, Seattle WA 98109 | 206-622-1930 |
| Issaquah Food & Clothing Bank Hours: Tues/Wed/Thur 10AM-1PM & Mon 5-7PM  179 1st Ave SE, Issaquah WA 98027 | 425-392-4123 |
| Jewish Family Services Hours: W/F 10AM-12PM & Th 2-4PM  1601 16th Ave, Seattle WA 98122 | 206-461-3240 |
| \*Kent Food Bank & Emergency Services Hours: M-W & Friday 10AM-2PM  515 W Harrison St, Ste 107, Kent WA 98032 | 253-520-3550 |
| Kent Hope Hours: Daily- Breakfast 7:30-9:30AM, Lunch 12-1PM, Dinner 6-7PM  9009 Canyon Dr, Kent, WA 98030 | 253-480-2325 |
| Kent Seventh Day Adventist Church Hours: W & Sat 4:30-6PM  25213 116th Ave SE, Kent WA 98030 | 253-852-3883 |
| Lifelong AIDS Alliance (serves homebound people w/ HIV/ AIDS or other chronic  1016 E Pike St 3rd Fl, Seattle WA 98122 illnesses, call M-F 8:30-5 | 206-957-1600 |
| Maple Valley Food Bank Hours: Tu/Th 10:30AM-1PM, 2nd Tu each month 5:30-7PM  21415 Maple Valley Hwy, Maple Valley WA 98038 Emergency Bags M-F 9:30-4 | 425-432-8939 |
| Margie Williams Helping Hands Center Hours: Sat 8-11AM  MLK Memorial Baptist Church 973 Chelan Ave NE, Renton WA 98059 | 425-687-8365 |
| Mercer Island Youth and Family Services Hours: M-F 8:30-5, schedule appointment  2040 84th Ave SE, Mercer Island WA 98040 | 206-275-7611 |
| Miracles Foodbank Hours: Thursday 1:30-3:30PM (closed 1st Thurs of the month)  12544 Renton Ave S, Seattle WA 98178 | 206-380-6237 |
| Mount Si Food Bank Hours: Tues 9:30AM-6:30PM  1550 Boalch Ave NW, North Bend WA 98045 | 425-888-0096 |
| Muckleshoot Family Resource Center \*Tribe Members ONLY Hours: M-F 10AM-4PM  38909 172nd Ave SE, Auburn WA 98092 | 253-876-3336 |
| \*Multi-Service Center Hours: M/W/F 10AM- 2PM, Every 4th Thurs 5-6PM  1200 S 336th St, Federal Way WA 98003 | 253-838-6810 |
| New Hope Lutheran Church Hours: Tues 10AM-1PM  603 3rd Ave SE, Pacific WA 98047 | 253-351-0450 |
| \*North Helpline Hours: Wed 10AM-1PM, Thurs4:30-6:30PM, Sat 11AM-1PM  12736 33rd Ave NE Seattle WA 98125 | 206-367-3477 |
| \*Northwest Harvest Hours:M &W 9-5:30, Th 9-5 (Families with children 5 and under)  711 Cherry St, Seattle WA 98104 & F 9-5 | 206-625-0755 |
| Paradise of Praise Food Bank Hours: Tu 10AM-12PM  1316 SW Holden St, Seattle WA 98106 | 206-768-2745 |
| \*Phinney Ridge Lutheran Church Hours: Intake Appt Line M-W 1-3PM  7500 Greenwood Ave N, Seattle WA 98103 | 206-784-7964 |
| \*Pike Market Senior Center: Hours Tu/Th 10AM-1PM, M-F 8:30-1 Food Bags  1531 Western Ave, 5th Fl, Seattle WA 98101 | 206-626-6462 |
| Plateau Outreach Ministries Hours: W 9:30AM-12PM , Emergency Pantry M-Sat 10-4  1806 Cole St, Enumclaw WA 98022 | 360-825-8961 |
| \*Providence Regina House Hours: Food Pantry Th 12:30-2PM, Sat 9-12 & baby  8201 10th Ave S, Seattle WA 98108 cupboard 1st Sat of each month 9-12 | 206-763-9204 |
| Puget Sound Labor Agency Hours: M & F 8AM-12PM  Seattle Labor Temple 2800 1st Ave, Rm 126, Seattle WA 98121 | 206-448-9277 |
| Queen Anne Food Bank Hours:Sack Lunch & Soup M-F 8:30-11,Food Pantry Th 2-4PM  Sacred Heart Parish 232 Warren Ave N, Ste B, Seattle WA 98109 | 206-216-4102 |
| Rainer Valley Food Bank Hours: General Public Saturday 9:30AM-2PM  4205 Rainer Ave S, Seattle WA 98118 Seniors/ Disabled Wed 9:30AM -2PM | 206-723-4105 |
| Renewal Food Bank Hours: M/W 10AM-1PM & Tu 4-6:30PM  Highland Covenant Church 15022 Bel-Red Rd, Bellevue WA 98007 | 425-736-8132 |
| Salvation Army Renton Hours: M-F 9-11:30AM & 1-3:30PM  206 S Tobin St, Renton WA 98057 | 425-255-5969 |
| \*Salvation Army Seattle Hours: M 8:15AM-12PM, 1-3PM, Tu-F 8:15AM-12PM, 1-4PM  1101 Pike St, Seattle WA 98101 Tangible needs assistance for homeless and low income | 206-447-9944 |
| \*Salvation Army White Center: Hours M-F 1-2PM  9050 16th Ave SW, Seattle WA 98106 | 206-767-3150 ex102 |
| Seattle Indian Center Hours Tu/Th 1-3PM  1265 S. Main St, Ste 105, Seattle WA 98144 | 206-329-8700 |
| Snoqualmie Valley Food Bank Hours: Wed 9:30-6:30Pet Food 1st Wed of the month  122 E 3rd St, North Bend WA 98045 | 425-888-7832 |
| \*Special Child Ministries Call for hours & locations | 425-341-1500 |
| St. James Episcopal Church Hours: M-W 9AM-12PM by appointments  24447 94th Ave S, Kent WA 98030 | 253-852-4100 |
| St Luke’s Operation Blessing Hours: Tues 9-10AM  515 S 312th St, Federal Way WA 98003 |  |
| \*St. Mary’s Hours: Tu/Th/Sat 10AM-1PM & 1st Full week of each month  611 20th Ave S, Seattle WA 98144 | 206-324-7100 ex 18 |
| St. Stephen the Martyr Catholic Church Hours: M & F 10-11:45AM & Wed 4-5:45PM  13055 SE 192nd St, Renton WA 98058 | 253-631-1940 |
| St. Thomas Catholic Church Hours: Wed 2-3PM  4415 S 140th St, Tukwila WA 98168 | 206-242-5501 |
| \*St. Vincent de Paul Tu/Th 11AM-2PM, Friday Homeless clients only 11AM-12PM  5972 4th Ave S, Seattle WA 98108 | 206-767-9975 ex 1127 |
| Tukwila Pantry Hours: Tu/Th/Sat 12:30-2:30PM  United Methodist Church 3118 S 140th St Riverton Park, Tukwila WA 98168 | 206-431-8293 |
| \*University District Food Bank Hours M/W/F 10AM-3PM. Tu/Th 3-8PM  1413 NE 50th St University Christian Church, Seattle WA 98105 | 206-523-7060 |
| Vashon Maury Community Food Bank Hours: Tues 1-3PM, W 11AM-1PM & 5-7PM  10030 SW 210th St Sunrise Ridge Center, Bldg 4, Vashon WA 98070 | 206-463-6332 |
| \*West Seattle Food Bank Hours: W 4-7PM, Th 10-1 Age 55+ Tu 9:15-11AM  3419 SW Morgan St, Seattle WA 98126 | 206-932-9023 |
| \*White Center Food Bank Hours: M/W/F 1-4PM  10829 8th Ave SW, Seattle WA 98146 | 206-762-2848 |
| Woodinville Storehouse Food Bank Hours: Tues 6:30-720PM & Sat 9:30-10:20AM  17110 140th Ave NE, Woodinville WA 98072 | 425-483-5252 |
| YWCA Food Bank Hours Wed: YWCA Clients 12-2PM & 2-3PM general public  2820 E Cherry St, Seattle WA 98122 | 206-375-1496 |
| ***CHILDCARE/CHILDREN/PARENTING*** |  |
| Alateen [www.al-anon.alateen.org](http://www.al-anon.alateen.org) | 888-4Al-Anon |
| ARC of King County  233 6th Ave N, Seattle WA 98109 <http://arcofkingcounty.org/> | 206-364-6337 |
| Big Brothers & Big Sisters of King County  1600 S. Graham St, Seattle WA 98108 <https://www.bbbsps.org/> | 206-763-9060  877-700-BIGS |
| Boys and Girls Club of King County  Burke 45th St Blub in Wallingford- 1310 N. 45th St, Seattle WA 98103  Federal Way Club- 30815 8th Ave S, Federal Way WA 98003  Federal Way Ron Sandwith Teen Center- 31453 28th Ave S, Federal Way WA 98003  Joel E Smilow Clubhouse & Teen Center- 4520 MLK Jr. Way, Seattle WA 98108  Kirkland Club- 10805 124th Ave NE, Kirkland WA 98033  Mercer Island Club- 41200 86th Ave SE, Mercer Island WA 98040  North Seattle Club- 8635 Fremont Ave N, Seattle WA 98103  Redmond/ Sammamish Club- 7300 208th Ave NE, Redmond WA 98053  Renton/ Skyway Club- 12400 80th Ave S, Seattle WA 98178  Rotary Club- 201 19th Ave, Seattle WA 98122  Sammamish Teen Center- 825 228th Ave NE, Sammamish WA 98074  Shawn and John Goodman Club at Ballard- 1767 NW 64th St, Seattle WA 98107  Southwest Club- 9800 8th Ave SW, Ste 105, Seattle WA 98116  <http://positiveplace.org/Pages/Home.aspx> | 206-436-1930  253-681-6510  253-681-6500  206-436-1890  425-827-0132  206-436-1940  206-436-1850  425-836-9295  206-436-1920  206-436-1880  425-250-4793  206-436-1878  206-436-1910 |
| Central Youth & Family Services (Counseling, prevention services, parent support)  1901 Martin Luther King Way S, Seattle WA 98144 | 206-322-7676 |
| Changes Support Network (Parent Support Organization) | 888-468-2620 |
| Child Care Aware- locate safe and affordable child care <http://www.childcarenet.org/> | 866-482-4325 |
| Childhaven (Trauma treatment for children & Parenting Skills)  Seattle: 1035 SW 124th St, Seattle WA 98146  Auburn: 1345 22nd NE ,Auburn 98002 | 206-248-4903  253-833-5908 |
| Children’s Domestic Violence Program - children 3-18 [www.ywcaworks.org](http://www.ywcaworks.org)  East Cherry Branch- 2820 E. Cherry St, Seattle WA 98122  South King County Regional Center- 1010 S. 2nd St, Renton WA 98057 | 206-568-7845  425-264-1400 |
| Department of Early Learning (DEL) ECEAP/ Head Start  Bellevue- 805 156th Ave NE, Bellevue WA 98007  Seattle area/ Renton- 800 Oakesdale Ave SW, Renton WA 98057 | 425-590-3100  425-917-7941 |
| DSHS Community Service Offices (CSO)  Auburn- 810 28th St NE, Auburn WA 98002  Alderwood- 20311 52nd Ave W, Ste 100, Lynnwood WA 98036  Belltown- 2106 2nd Ave, Seattle WA 98121  Capitol Hill- 1700 E. Cherry St, Seattle WA 98112  Federal Way- 616 S 348th St, Federal Way WA 98003  King East- 805 156th Ave NE N40-1, Bellevue WA 98007  King North- 9600 College Way N, Seattle WA 98103  King South- 1313 W. Meeker St, Ste 100, Kent WA 98032  Rainer- 3600 S. Graham St, Seattle WA 98118  Renton- 500 SW 7th St, Ste B, Renton WA 98057 <https://www.dshs.wa.gov> | 877-501-2233  TTY 800-209-5446  711 |
| Family Help Line/Parent Trust <http://www.parenttrust.org/> | 800-932-4673 |
| First Place School (school devoted to helping homeless or in transition children) | 206-322-6715 |
| Guiding Pathways (provided 1:1 parent support) | 253-236-8264 |
| Homeless liaisons in public schools:  Auburn School District  Bellevue School District  Enumclaw School District  Federal Way School District  First Place Scholars Charter School  Highline School District  Kent School District  Issaquah School District  Lake Washington School District  Mercer Island School District  Renton School District  Seattle School District  Shoreline School District  Skykomish School District  Snoqualmie Valley School District  Tahoma School District  Tukwila School District  Vashon Island School District | 253-931-4938  425-456-4241  360-802-7104  253-945-5967  206-323-6715  206-631-3255  253-373-7099  425-837-7671  425-936-1297  206-236-3445  425-204-2466  206-252-0857  206-393-3387  360-677-2623  425-831-8015  425-413-3402  206-901-8044  206-463-2121 ex 7 |
| Neighborhood House (help w/ housing, education, family & social service )  Birch Creek Center- 13111 SE 274th St, Ste 226, Kent ,WA 98030  High Point- 6400 Sylvan Way SE, Seattle WA 98126  Lee House- 7315 39th Ave S, Seattle WA 98118  Rainer Vista- 4410 29th Ave S, Seattle WA 98108  Wiley Center- 9800 8th Ave SW, Seattle WA 98106  Yesler Terrace- 905 Spruce Street, 1st Flr, Seattle WA 98104 | 253-277-1667  206-588-4900  206-760-3601  206-461-4568  206-461-4554  206-461-4522 |
| Operation Lookout—National center for missing youth  [www.operationlookout.org](http://www.operationlookout.org) | 1-800-LOOKOUT  425-771-7335 |
| Parent to Parent through Arc of King County  Parent Coordinator: Tuesday & Thursday 8:30AM-3:30 PM  Wednesday & Friday 8:30AM-4:30 PM  Latino & Spanish Speaking Family Coordinator  Vietnamese Family Coordinator  Somali Family Coordinator  African American Family Coordinator  <http://www.arcofkingcounty.org/what-we-offer/parent-to-parent-program> | 206-829-7039  425-643-4048  206-829-7027  206-829-7037  206-829-7028  206-829-7036 |
| Program for Early Parent Support [http://www.pepsgroup.org](http://www.pepsgroup.org/) | 206-547-8570 |
| Project Safe (Free phone-based clinical consultation for families with youth in the home ages 12-17, 90 minutes free consultation with a free 30 min follow-up) | 888-99-VOICE |
| Service and Supports for Grandparents and Relatives Raising Children:  Kinship Navigators- provides information and assistance to relative to know where to turn and how to apply for benefits and services in their local community  <https://www.dshs.wa.gov/altsa/home-and-community-services-kinship-care/kinship-care>  Within Reach hotline- provides information and referral on health and social services related to raising children of all ages  [www.parenthelp123.org](http://www.parenthelp123.org)  Washington Connection- provides information about many DSHS services  [www.washingtonconnection.org](http://www.washingtonconnection.org)  The Resource Family Training Institute- offers training opportunities for relatives and foster parents coping with problem behaviors. All training available to all caregivers.  <https://www.dshs.wa.gov/ca/foster-parenting/training-requirements> | 800-422-3263  360-725-2556  800-322-2588  TTY 711 |
| **Southeast Youth and Family Services-** 3722 S Hudson St, Seattle WA 98118 | 206-721-5542 |
| Southwest Youth and Family Services (provides counseling, education & family support)  4555 Delridge Way SW, Seattle WA 98106 | 206-937-7680 |
| Treehouse (help foster children attend camp, obtain clothing and education support) | 206-767-7000 |
| YMCA  Auburn Valley YMCA- 1620 Perimeter Rd SW, Auburn WA 98001  Bellevue Family YMCA- 14230 Bel-Red Rd, Bellevue WA 98007  Coal Creek Family YMCA- 13750 Newcastle Golf Club Rd, Newcastle WA 98059  Dale Turner Family YMCA- 19290 Aurora Ave N, Shoreline WA 98133  Downtown Seattle YMCA- 909 4th Ave, Seattle WA 98104  Matt Griffin YMCA- 3595 S. 188th St, SeaTac WA 98188  Meredith Mathews East Madison YMCA- 1700 23rd Ave, Seattle WA 98122  Northshore YMCA- 11811 NE 195th St, Bothell WA 98011  Sammamish Family YMCA- 4221 228th Ave SE Ste C, Issaquah WA 98029  Snoqualmie Valley YMCA- 35018 SE Ridge St, Snoqualmie WA 98065  University Family YMCA- 5003 12th Ave NE, Seattle WA 98105  West Seattle & Fauntleroy YMCA- 4515 36th Ave SW, Seattle WA 98126  <http://www.seattleymca.org/> | 253-833-2770  425-746-9900  425-282-1500  206-363-0446  206-382-5010  206-244-5880  206-322-6969  425-485-9797  425-391-4840  425-256-3115  206-524-1400  206-935-6000 |
| ***HEALTH AND WELLNESS*** |  |
| Al-Anon [www.al-anon.alateen.org](http://www.al-anon.alateen.org) | 888-4Al-Anon |
| Alcohol and Drug Helpline <http://www.adhl.org/> | 206-722-3700 |
| Alcoholics Anonymous <http://www.seattleaa.org/directory/directory-index.html> | 206-587-2838 |
| ARC of King County  233 6th Ave N, Seattle WA 98109 <http://arcofkingcounty.org/> | 206-364-6337 |
| Asian Counseling 720 8th Ave S, Ste 200 Seattle WA 98144 | 206-695-7600 |
| Catholic Community Services Family Centers  East King County: 700 108th Ave NE, Ste 211, Bellevue WA 98004  Randolph Carter: 100 23rd Ave S, Seattle WA 98144  South King County: 1229 W Smith St, Kent WA 98032 | 425-213-1963  206-323-6336  253-854-0077 |
| Center for Human Services 17018 15th Ave NE, Shoreline WA 98155 | 206-362-7282 |
| Children with Special Health Care Needs 4010 5th Ave, Ste 1000, Seattle WA 98104  <http://www.kingcounty.gov/healthservices/health/child/cshcn.aspx> | 206-296-4610 |
| Children’s Hospital (Seattle)  4800 Sand Point Way NE Seattle 98105 [www.seattlechildrens.org](http://www.seattlechildrens.org) | 206-987-2000 or  866-987-2000 |
| Christ Community Free Clinic (Dental also offered- check calendar on website)  Hours: Walk in 1st & 3rd Sat 8:30-11:30AM & Tuesday 5:30-8PM  1 A St NE, Auburn WA 98001 <http://www.christfreeclinic.org/> | 253-736-2634 |
| Community Health Centers in King County (many provide both medical and dental)  <http://www.kingcounty.gov/healthservices/health/locations/community.aspx> |  |
| Community Health Access Program (CHAP)  Help find affordable doctors, nurses and dental providers in your area | 800-756-5437  206-284-0331 |
| Community Psychiatric Clinic 4319 Stone Way N, Seattle WA 98103 | 206-461-3614 |
| Consejo Counseling 3808 S. Angeline, Seattle WA 98118 | 206-461-4880 |
| Crime Victim Service Center of King County (CVSC) | 800-346-7555 |
| Evergreen Manor 600 N 103th St, Seattle WA 98133 | 206-223-1300 |
| Gamblers Anonymous [www.gamblersanonymous.org](http://www.gamblersanonymous.org) | 855-222-5542 |
| Highline- West Seattle Mental Health Center 2600 SW Holden, Seattle WA 98126 | 206-933-7000 |
| HIV/AIDS Hotline | 800-272-2437 |
| Hospice & Home Care Grief Support  Providence Health & Services for Adults | 206-749-7702 |
| Hospitals w/ Emergency Care:  Auburn Regional Medical Center- 202 N Division St, Auburn WA 98001  Evergreen Health- 12040 NE 128th St, Kirkland WA 98034  Fairfax- 10200 NE 132nd St, Kirkland WA 98034  Harborview Medical- 325 9th Ave, Seattle WA 98104  Highline Medical- 16251 Sylvester Rd. SW, Burien WA 98166  Northwest Hospital- 1550 N 115th St, Seattle WA 98133  Overlake Hospital- 1035 116th Ave NE, Bellevue WA 98004  Seattle Children’s- 4800 Sand Point Way NE Seattle 98105  Snoqualmie Valley- 9575 Ethan Wade Way SE, Snoqualmie WA 98065  St. Elizabeth Hospital- 1455 Battersby Ave, Enumclaw WA 98022  St. Francis Hospital- 34515 9th Ave S, Federal Way WA 98003  Swedish Ballard- 5350 Tallman Ave NW, Seattle WA 98107  Swedish First Hill (Pediatric ER) -700 Minor Ave, Seattle WA 98122  Swedish Cherry Hill- 540 16th Ave, Seattle WA 98122  Swedish Issaquah- 751 NE Blakely Dr, Issaquah WA 98029  Swedish Redmond-18100 NE Union Hill Rd, Redmond WA 98052  Valley Medical- 400 S 43rd St, Renton WA 98055  Virginia Mason- 1010 Spring St, Seattle WA 98104 | 253-833-7711  425-899-3000  425-821-2000  206-744-3000  206-431-5314  206-364-0500  425-688-5000  206-987-2000  425-831-2300  360-802-8800  253-944-8100  206-781-6341  206-386-6000  206-320-2000  425-394-0610  425-498-2020  425-228-3450  206-583-6433 |
| ICHS Medical & Dental Clinic (Multilingual staff, sliding fee scale available)  Bellevue- 1050 140th Ave NE, Bellevue WA 98005  Seattle- 720 8th Ave S, Seattle WA 98104  Seattle- 3815 South Othello St, Seattle WA 98118  Shoreline- 16549 Aurora Ave N, Shoreline WA 98133 | Medical #/ Dental #  425-373-3000  206-788-3700/3757  206-788-3500/3502  206-533-2600 |
| Lakeside Milam- outpatient locations (Drug & alcohol counseling for adults & youth)  Auburn- 721 45th St NE, Ste C, Auburn WA 98002  Kirkland- 6725 116th Ave NE, Ste 110, Kirkland WA 98033  Issaquah- 22605 SE 56th St, Ste 230, Issaquah WA 98029  North Seattle/ Edmonds- 7935 Lake Ballinger Way, Edmonds WA 98026  Renton- 1000 SW 7th, Ste B, Renton WA 98057  Seattle- 2815 Eastlake Ave E, Ste 100, Seattle WA 98102 | 800-231-4303  253-859-6436  425-822-5095  425-392-8468  425-670-3664  206-248-4358  206-341-9373 |
| Lion’s Club  Hearing aids, Eyesight Screening, Health Clinics, Service Dogs | Contact your local  Lion’s Club |
| Lutheran Community Services NW (support center, immigrant services, counseling, etc)  433 Minor Ave N, Seattle WA 98109 | 206-901-1685 |
| M.A.D.D. - Mothers Against Drunk Driving  [www.madd.org](http://www.madd.org) | 206-734-3205 or  877-275-6233 |
| MOMs Plus Program 2124 4th Ave, Ste 300, Seattle WA 98121 | 206-477-8300 |
| Marijuana Anonymous- Western Washington <http://www.madistrict4.org/> | 206-414-9270 |
| NAMI of Greater Seattle (help w/ unmet needs of mental health persons and their family)  802 NW 70th St, Seattle WA 98117 | 206-783-9264 |
| Narcotics Anonymous  Seattle area <http://www.seattlena.org/>  South King County area <http://www.skcna.org/> | 206-790-8888  253-872-3494 |
| NAVOS  Center for Children, Youth & Families:1033 SW 152nd St, Burien WA 98166  Mental Health and Wellness Center  West Seattle Outpatient/ Inpatient Services: 2600 SW Holden St, Seattle WA 98126 | 206-829-1100  206-257-6600  206-933-7000/ 7299 |
| Needle Exchange 206-263-2000  Belltown- 2124 4th Ave Seattle WA 98121 (4th & Blanchard)  Capitol Hill- 1161 11th Ave Seattle WA 98104 (Madison & Union)  University District- NE 43rd & University Way NE (Table in alley behind post office)  North & East King County (PHRA)  South County (SCORE) | Hours:  M-Sat 1-5PM  M-Sat 6:30-8:30PM M/Tues/Thus 5-7PM  Fri & Sun 1-5PM  530-454-5410  206-214-6040 |
| Northwest Resources One 22620 7th Ave S, Des Moines WA 98198 | 206-824-9273 |
| Parents, Families and Friends of Lesbians & Gays  1122 E. Pike St, PMB 620, Seattle WA 98122 [www.seattle-pflag.org](http://www.seattle-pflag.org) | 206-325-7724 |
| Pioneer Human Services 7440 W. Marginal Way S, Seattle WA 98108 | 206-768-7333 |
| Planned Parenthood  14730 NE 8th St, Bellevue WA 98  1105 S 348th St, Federal Way WA 98  10056 SE 240th #A, Kent WA 98031  9942 8th Ave SW, Seattle WA 98106  1229 Madison St Ste 1040, Seattle WA 98104  2001 E Madison, Seattle WA 98122  2111 N. Northgate Way, Ste 218, Seattle WA 98133  5020 Roosevelt Way NE, Unit 1, Seattle WA 98105 | 800-769-0045 |
| Public Health STD Clinic at Harborview | 206-744-3590 |
| Public Health Clinics (Provide Exams, Immunization, Prenatal Care, Family Planning, STD Testing & treatment, HIV testing Pregnancy Testing, some offer dental services)  Auburn: 901 Auburn Way N, Suite A, Auburn WA 98002  Bellevue/ Factoria: 14350 SE Eastgate Way, Bellevue WA 98007  Downtown Seattle: 2124 4th Ave, Seattle WA 98121  Federal Way: 33431 13th Pl S, Federal Way WA 98003  Kent: 25742 104th Ave SE, Kent WA 98030  North Seattle: 10501 Meridian Ave N, Seattle WA 98133  Renton: 3201 NE 7th St, Renton WA 98056  South Seattle: 4400 37th Ave S, Seattle WA 98118  White Center/ West Seattle: 9934 8th Ave SW, Seattle WA 98106 | 206-477-0600  206-477-8000  206-477-8300  206-477-6800  206-477-6950  206-296-4765  206-477-0100  206-296-4650  206-477-0000 |
| Puget Sound Neighborhood Health Center (medical & dental to low income families)  905 Spruce St Ste 300, Seattle WA 98104 | 206-461-6935 |
| Recovery Centers of King County (RCKC) 464 12th Ave, Ste 300, Seattle WA 98122 | 206-322-2970 |
| Safe Crossings Foundation ( Grief Support for children)  1402 3rd Ave, Ste 1430, Seattle WA 98101 | 206-652-4723 |
| Sea Mar Behavioral Center  Bellevue- 12835 Bel-Red Rd, Ste 145 Bldg 100, Bellevue WA 98005  Kent- 1601 W Meeker St, Ste 201, Kent WA 98032  Seattle Behavioral/ Renacer Youth & Adult Center- 10001 17th Pl S, Seattle WA 98168 | 425-460-7114  206-764-8019  206-766-6969/ 6976 |
| Sea Mar Community Health Centers  Bellevue- 1811 156th Ave NE, Ste 2, Bellevue WA 98007  Burien- 14434 Ambaum Blvd SW, Burien WA 98166  Kent-233 2nd Ave S, Kent WA 98032  Seattle- 8720 14th Ave S, Seattle WA 98108  White Center- 9650 15th Ave SW, #100, Seattle WA 98106  24/7 Nurse Advice Line | 425-460-7140  206-812-6140  206-436-6380  206-762-3730  206-965-1000  866-418-1002 |
| Seattle Drug & Narcotic Center (long-term res. tx, pregnant & parenting women)  10344 14th Ave S, Seattle WA 98168 | 206-767-0244 |
| Seattle Indian Health Board 611 12th Ave S, Seattle WA 98144 | 206-324-9360 |
| Seattle Counseling Services 41216 Pine St, Ste 300, Seattle WA 98101 | 206-323-1768 |
| Sound Mental Health  1600 E Olive St, Seattle WA 98122 | 206-302-2300  800-828-1449 |
| Seattle Detox Line | 206-325-5000 |
| Senior Services  <http://www.seniorservices.org/> | 206-448-3110  888-435-3377 |
| SHIBA (Statewide Health Insurance Benefits Advisors) [www.insurance.wa.gov/shiba](http://www.insurance.wa.gov/shiba) | 888-562-6900 |
| Step- Up Program (a program for families with teens who are violent towards family) | 206-296-7841 |
| Therapeutic Health Services  Eastside Branch- 1412 140th Pl NE, Bellevue WA 98007  Kent Branch- 24823 Pacific Hwy S, Ste 103, Kent WA 98032  Rainer Branch- 5802 Rainer Ave S, Seattle WA 98118  Seattle Seneca Branch- 1305 Seneca St, Seattle WA 98101  Seattle Summit Branch- 1116 Summit Ave, Seattle WA 98101  Seattle Youth & Family Services-1901 Martin Luther King Jr.Way S,Seattle WA 98144  Shoreline Branch- 16715 Aurora Ave N, Shoreline WA 98133 | 425-747-7892  253-681-0010  206-723-1980  206-323-0934  206-323-0930  206-322-7676  206-546-9766 |
| United Indian of All Tribes Foundation 1945 Yale Pl E, Seattle WA 98102 | 206-285-4425 |
| UW Neighborhood Urgent Care Clinics (most open 7 days a week, hours vary)  Federal Way- 32018 23rd Ave S, Federal Way WA 98003  Ravenna- 4915 25th Ave NE, Seattle WA 98105  Shoreline- 1355 205th St, Shoreline WA 98133  Woodinville- 17638 140th Ave NE, Woodinville WA 98072  Eastside Specialty Center- 3100 Northup Way, Bellevue WA 98004 (closed on Sun) | 253-839-3030  206-525-7777  206-542-5656  425-485-4100  425-646-7777 |
| Valley Cities Counseling and Consultation 2704 I St NE, Auburn WA 98002 | 253-833-7444 |
| Washington Apple Health [www.hca.wa.gov/medicaid](http://www.hca.wa.gov/medicaid) | 1-800-562-3022 |
| WIC (Women / Infants / Children) Nutrition Program/Pregnancy Aid  <http://www.kingcounty.gov/healthservices/health/personal/WIC.aspx>  Satellite location for WIC services (call to schedule)  Bothell: 10808 NE 145th St, Bothell WA 98011  Carnation: 39157 E Commercial St, Carnation WA 98104  Enumclaw: 1640 Fell St, Enumclaw WA 98022  Lake City- 2611 NE 125th St, Ste 145, Seattle WA 98125  Muckleshoot: 39015 172nd Ave SE, Auburn WA 98022  North Bend: 1407 Boalch Ave NW, North Bend WA 98045  Shoreline- 17018 15th Ave NE, Shoreline WA 98155  Wallingford: 1501 N 45th St, Seattle WA 98103 | See Public Health Clinics for more locations  425-381-3226  425-333-6180  360-825-3146  206-364-7930  253-939-6648  425-888-5272  206-362-7282  206-694-6728 |
| Within Reach – Family Health Hotline [www.withinreachwa.org](http://www.withinreachwa.org) | 1-800-322-2588 |
| YWCA (services for women and families including housing, health, employment, etc.)  1118 5th Ave, Seattle WA 98101 <http://www.ywcaworks.org> | 206-461-4888 |
| **EDUCATION AND EMPLOYMENT** |  |
| AtWork! (Provides vocational training, job placement, help disabled find employment)  690 NW Juniper, Issaquah WA 98027 [http://www.atwork-issaquah.com](http://www.atwork-issaquah.com/) | 425-274-4000 |
| CASA Latina (Provides Latino immigrants educational & economic opportunities, ESL  2200 Blanchard St, Seattle WA 98121 classes, a women’s program) | 206-956-0779 |
| Center for Career Alternatives (Training courses, job search & placement)  901 Rainer Ave S, Seattle WA 98144 | 206-322-9080 |
| Central Area Motivation Program (clean & sober, offered to ex-offenders)  722 18th Ave, Seattle WA 98122 | 206-812-4940 |
| Community Colleges:  Bellevue- 3000 Landerholm Cir SE, Bellevue WA 98007  Cascadia- 18345 Campus Way NE, Bothell WA 98011  Green River- 12401 SE 320th St, Auburn WA 98092  Highline- 2400 S 240th St, Des Moines WA 98198  Lake Washington Institute of Technology- 11605 132nd Ave NE, Kirkland WA 98034  North Seattle - 9600 College Way N, Seattle WA 98103  Renton Tech- 3000 NE 4th St, Renton WA 98056  Seattle Central- 1701 Broadway, Seattle WA 98122  Shoreline- 16101 Greenwood Ave N, Shoreline WA 98133  Seattle Vocational Institute – 2120 S Jackson St, Seattle WA 98144  South Seattle- 6000 16th Ave SW, Seattle WA 98106 | 425-564-1000  425-352-8000  253-833-9111  206-878-3710  425-739-8100  206-934-3600  425-235-2352  206-934-3800  206-546-4101  206-934-4950  206-934-5300 |
| Community Trades and Careers @ Sunrise Services (Assists individuals with disabilities  17962 Midvale Ave N, #232, Shoreline WA 98133 to find and keep employment) | 206-542-8605  800-658-0622 |
| Division of Vocational Rehabilitation (DVR)  Bellevue- 805 156th Ave NE, Bellevue WA 98007  Kent- 1313 W Meeker St, Ste 102, Kent WA 98032  N. Seattle- 12063 15th Ave NE, Seattle WA 98125  N. Seattle WS- 9600 College Way N #1151, Seattle WA 98103  Redmond WS-7735 178th Pl NE, Redmond WA 98052  SeaTac-1800 International Blvd, Ste 1000, SeaTac WA 98188  Seattle- 400 Mercer St, Ste 508, Seattle WA 98109 | 800-622-1375  425-590-3115  253-372-5900  206-440-2230  206-529-6091  425-861-3745  206-444-3800  206-273-7100 |
| Goodwill Job Training & Education Centers  Bellevue- 14515 NE 20th St, Bellevue WA 98007  Burien- 1031 SW 128th St, Burien WA 98146  Seattle-700 Dearborn Pl S, Seattle WA 98144  Shoreline- 14500 15th Ave NE, Shoreline WA 98155 | 425-289-0040  206-957-1026  206-860-5791  206-631-8457 |
| Interaction Transition (Employment assistance program for ex-offenders)  1265 S Main St, Ste 305-B, Seattle WA 98144 | 206-324-3932 |
| Job Corps  <http://www.jobcorps.gov> | 800-733-JOBS  800-733-5627 |
| King County Library System  Auburn- 1102 Auburn Way S., Auburn WA 98002  Bellevue-1111 110th Ave NE, Bellevue WA 98004  Black Diamond- 24707 Roberts Drive, Black Diamond WA 98010  Bothell- 18215 98th Ave. NE, Bothell WA 98011  Boulevard Park- 12015 Roseberg Ave. S., Seattle WA 98168  Burien-400 SW 152nd St, Burien WA 98166  Carnation- 4804 Tolt Ave, Carnation WA 98014  Covington- 27100 164th Ave. SE, Covington WA 98042  Crossroads- 15600 NE 8th St, Bellevue WA 98008  Des Moines- 21620 11th Ave S, Des Moines WA 98198  Duvall-15508 Main St NE, Duvall WA 98019  Enumclaw- 1700 1st Street, Enumclaw WA 98022  Fairwood- 17009 140th Avenue SE, Renton WA 98058  Fall City- 33415 SE 42nd Place, Fall City WA 98024  Federal Way- 33415 SE 42nd Place, Fall City WA 98024  Federal Way 320th- 848 South 320th Street, Federal Way WA 98003  Foster- 4060 South 144th Street, Tukwila, WA 98168  Greenbridge- 9720 8th Ave. SW, Seattle, WA 98106  Issaquah- 10 West Sunset Way, Issaquah WA 98027  Kenmore- 6531 NE 181st St, Kenmore WA 98028  Kent- 212 2nd Ave. North, Kent WA 98032  Kingsgate- 12507 NE 144th Street, Kirkland WA 98034  Kirkland- 308 Kirkland Ave, Kirkland WA 98033  Lake Forest Park- 17171 Bothell Way NE, Lake Forest Park WA 98155  Lake Hills- 15590 Lake Hills Blvd., Bellevue WA 98007  Maple Valley- 21844 SE 248th St, Maple Valley WA 98038  Mercer Island- 4400 88th Ave. SE, Mercer Island WA 98040  Muckleshoot- 39917 Auburn Enumclaw Rd. SE, Auburn WA 98092  Newcastle- 12901 Newcastle Way, Newcastle WA 98056  Newport Way- 14250 SE Newport Way, Bellevue WA 98006  North Bend- 1115 E. 4th St, North Bend WA 98052  Redmond- 15990 NE 85th Street, Redmond WA 98052  Redmond Ridge- 10735 Cedar Park Crescent NE, Redmond WA 98053  Renton- 64 Rainier Avenue, Renton WA 98057  Renton Highlands- 2902 NE 12th Street, Renton WA 98056  Richmond Beach- 19601 21st Ave. NW, Shoreline WA 98177  Sammamish- 825 228th Ave. SE, Sammamish WA 98075  Shoreline- 345 NE 175th Street, Shoreline WA 98155  Skykomish- 100 5th Street, Skykomish WA 98288  Skyway- 7614 S. 126th Street, Seattle WA 98178  Snoqualmie- 7824 Center Blvd. SE, Snoqualmie WA 98065  Southcenter- 1386 Southcenter Mall, Tukwila WA 98188  Valley View- 17850 Military Road S, SeaTac WA 98188  Vashon- 17210 Vashon Highway SW, Vashon Island WA 98070  White Center- 11220 16th Ave. SW, Seattle WA 98146  Woodinville- 17105 Avondale Road NE, Woodinville WA 98072  Woodmont- 26809 Pacific Highway S, Des Moines WA 98198 | 253-931-3018  425-450-1765  360-886-1105  425-486-7811  206-242-8622  206-243-3490  425-333-4398  253-630-8761  425-644-6203  206-824-6066  425-788-1173  360-825-2045  425-226-0522  425-222-5951  253-838-3668  253-839-0257  206-242-1640  206-762-1682  425-392-5430  425-486-8747  253-859-3330  425-821-7686  425-822-2459  206-362-8860  425-747-3350  425-432-4620  206-236-3537  253-931-6779  425-255-0111  425-747-2390  425-888-0554  425-885-1861  425-885-1861  425-226-6043  425-277-1831  206-546-3522  425-392-3130  206-362-7550  360-677-2260  206-772-5541  425-888-1223  425-226-0522  206-242-6044  206-463-2069  206-243-0233  425-788-0733  253-839-0121 |
| Literacy Source (provide ESL classes, computer literacy, workplace basic skills, civics  730 N 35th St, Ste 103,Seattle WA 98103 & citizenship classes and HS diploma program) | 206-782-2050 |
| Offender Employment Services (Help offenders find jobs, stay employed &  [www.wa.gov/esd/oes](http://www.wa.gov/esd/oes) re-enter society) | 800-339-3981 |
| Pioneer Human Services 7440 W. Marginal Way S, Seattle WA 98108 | 206-768-7333 |
| PROVAIL (job opportunities for people w/ disabilities)  45881 Aurora Ave N, Seattle WA 98133 | 206-363-7303 |
| Refugee Forum of King County (provides organizations and individuals who provide services to new immigrants and refugees)  <http://www.kingcountyrefugeeforum.org/services/> | [info@kingcountyrefugeeforum.org](mailto:info@kingcountyrefugeeforum.org) |
| Seattle Public Library Branches  Central- 1000 4th Ave, Seattle WA 98104  Ballard- 5614 22nd Ave NW, Seattle WA 98107  Beacon Hill- 2821 Beacon Ave S, Seattle WA 98144  Broadview- 12755 Greenwood Ave N, Seattle WA 98133  Capitol Hill- 425 Harvard Ave E, Seattle WA 98102  Columbia- 4721 Rainer Ave S, Seattle WA 98118  Delridge- 5423 Delridge Way SW, Seattle WA 98106  Douglass-Truth- 2300 E Yesler Way, Seattle WA 98122  Fremont- 731 N. 35th St, Seattle WA 98103  Green Lake- 7364 E Green Lake Dr. N, Seattle WA 98115  Greenwood- 8016 Greenwood Ave N, Seattle WA 98103  High Point- 3411 SW Raymond St, Seattle WA 98126  International/ Chinatown- 713 Eighth Ave S, Seattle WA 98104  Lake City- 12501 28th Ave NE, Seattle WA 98125  Madrona-Sally Goldmark- 1134 33rd Ave, Seattle WA 98122  Magnolia- 2801 34th Ave W, Seattle WA 98199  Montlake- 2401 24th Ave E, Seattle WA 98122  New Holly- 7058 32nd Ave S, Seattle WA 98118  North East Branch- 6801 35th Ave NE, Seattle WA 98115  Northgate- 10548 5th Ave NE, Seattle WA 98125  Queen Anne- 400 W Garfield St, Seattle WA 98119  Rainer Beach- 9125 Rainier Ave S, Seattle WA 98118  South Park- 8604 8th Ave S, Seattle WA 98108  Southwest- 9010 35th Ave SW, Seattle WA 98126  University- 5009 Roosevelt Way NE, Seattle WA 98105  Wallingford- 1501 N. 45th St, Seattle WA 98103  West Seattle- 2306 42nd Ave SW, Seattle WA 98116 | 206-386-4636  206-684-4089  206-684-4711  206-684-7519  206-684-4715  206-386-1908  206-733-9125  206-684-4704  206-684-4084  206-684-7547  206-684-4086  206-684-7454  206-386-1300  206-684-7518  206-684-4705  206-386-4225  206-684-4720  206-386-1905  206-684-7539  206-386-1980  206-386-4227  206-386-1906  206-615-1688  206-684-7455  206-684-4063  206-684-4088  206-684-7444 |
| King County Developmental Disabilities Division 401 5th Ave #510, Seattle WA 98104 | 206-263-9061 |
| Volunteers of America (Life skills classes, training programs)  1230 Broadway Everett 98201 [www.voaww.org](http://www.voaww.org) | 425-258-2838 |
| WA State Developmental Disabilities Administration (DDA)  Kent- 1313 W. Meeker St, Ste 100, Kent WA 98032  Shoreline-15230 15th NE, Shoreline WA 98155 | 253-372-5770  206-361-2990 |
| Washington Vocational Services  22316 70th Ave W #d, Mountlake Terrace WA 98043  [www.wvs.org](http://www.wvs.org) | 800-398-4730  425-774-3338  425-329-3676 TTY |
| Washington Women’s Employment and Education | 253-859-3718 |
| WorkFirst (Employment program for TANF parents)  <http://www.workfirst.wa.gov/> | See DSHS CSO Childcare/Children/  Parenting section |
| WorkSource (Employment Security)  Auburn- 2707 I St NE, Auburn WA 98002  Bellevue- 3000 Landerholm Cir SE, B231, Bellevue WA 98007  Highline- 2400 S 240th St, Des Moines WA 98198  Redmond- 7735 178th Pl NE, Ste C, Redmond WA 98052  Renton- 500 SW 7th St, Ste 100, Renton WA 98057  North Seattle- 9600 College Way N, Seattle WA 98103  South Seattle- 2531 Rainer Ave S, Seattle WA 98144  Seattle-2024 3rd Ave, Seattle WA 98121  Seattle Central- 907 East Pine St, Seattle WA  Shoreline- 16101 Greenwood Ave N, Shoreline WA 98133 | 253-804-1177  425-564-2279  206-878-3710  425-861-3700  206-477-7000  206-440-2500  206-721-6000  206-436-8600  206-934-3854  206-546-5882 |
| Voicemail (Free Voice Mail) | 206-376-5000 |
| YWCA (Help women find employment)  Employment Center- 1118 5th Ave, Seattle WA 981401(job prep, referral and placement)  West Seattle Center- 4800 40th SW, Seattle WA 98116 (job prep, referral and placement)  East Cherry- 2820 East Cherry, Seattle WA 98122 (job training to age 20) | 206-436-8610  206-568-1219  206-568-7845 |
| **TRANSPORTATION** |  |
| Hopelink Medicaid Transportation | 800-923-7433 |
| Hyde Shuttle (Transportation for seniors and people with disabilities)  Snoqualmie Valley only 425-333-4009 | 877-415-3632  206-727-6262 |
| King County Metro  [www.transit.metrokc.gov](http://www.transit.metrokc.gov)  Access Transportation  Dial-a-Ride Transit DART reservations | 800-542-7876  206-533-3000  206-263-3113TTY 711  866-261-3278 |
| Northshore Senior Center Transportation | 425-286-1026 |
| Regional Reduced Fare Permit | 206-553-3000 |
| Senior Volunteer Transportation | 206-448-5740  800-282-5815 |
| Snoqualmie Valley Transportation | 425-888-7001  425-333-5554 |
| Sound Transit | 888-889-6368 TTY711 |
| **CLOTHING** |  |
| Black Diamond Community Center  Hours: M-F 1PM- 4PM  31605 3rd Ave, Black Diamond, WA, 98010 | 360-886-1011 |
| Bread of Life Mission- Provide free clothing to men and women in need  Hours: Men: Fri 1PM-2PM. Women: Tues-1PM- 2PM  97 S Main St, Seattle, WA, 98104 | 206-682-3579 |
| Bridge Care Center- drop in center  Hours: Tuesday 12PM-4PM, Thursday 10AM-2PM & Saturday (1st & 3rd) 10AM-2PM  5710 22nd Ave NW, Blg B, Seattle WA 98107 | 206-789-0220 |
| Catholic Community Services- Lazarus Center (Men and Women Ages 50+)  Hours- open daily 1PM- 6:30PM  416 2nd Ave Extension S, Seattle WA 98104 | 206-623-7219 |
| Chief Seattle Club (Available to American Indian or Alaska Natives)  410 2nd Ave Extension S, Seattle, WA, 98104  Hours: Office- M-F 8:30AM-4:30PM Drop-in M-F 7AM-2PM | 206-292-6214 |
| Congregations for the Homeless Day Center (Men ages 18+)  Hours: M-F 8AM-3PM  752 108th Ave NE First Congregational Church, Bellevue, WA, 98004 | 206-605-9337 |
| Elizabeth Gregory Home (Women ages 18+)  Hours: M-F 9AM-4:30PM  1604 NE 50th St University Lutheran Church, Seattle WA 98105 | 206-729-0262 |
| Hopelink  Hours: Mon-Thurs 8:30AM-5PM  31957 E Commercial St, Carnation, WA, 98014 | 425-333-4163 |
| Issaquah Food & Clothing Bank  Hours: Tues/Wed/Thur 10AM-1PM & Mon 5-7PM  179 1st Ave SE, Issaquah WA 98027 | 425-392-4123 |
| Jubilee Women’s Center (Low income women)  Hours: Appointment only (20 minutes to shop),  620 18th Ave E, Seattle WA 98112 | 206-324-1244  info@jwcenter.org |
| Kent Food Bank & Emergency Services  Hours: M-W & Friday 10AM-2PM (limit 2 times a month)  515 W Harrison St, Ste 107, Kent WA 98032 | 253-520-3550 |
| Midway Community Covenant Church- Clothing Bank  Hours: Wednesday 10AM-12PM & 6:30-8:30PM (limit 1 time a month)  22460 24th Ave S, Des Moines WA 98198 | 206-878-4861 |
| Multi-Service Center  Hours: M,W,F 10AM- 2PM  1200 S 336th St, Federal Way WA 98003 | 253-838-6810 |
| Plateau Outreach Ministries  Hours: Wednesday 9:30AM-12PM  1806 Cole St, Enumclaw WA 98022 | 360-825-8961 |
| Providence Regina House (serves residence of the South Park neighborhood)  Hours: Thursday 12:30-2 PM & Saturday 9AM-12PM  8201 10th Ave S, Seattle WA 98108 | 206-763-9204 |
| Queen Anne Helpline  Hours: Office M-F 9-4, Clients: M,Tu & Th 10AM-3PM (Call to schedule an appt)  311 W McGraw St, Seattle WA 98119 | 206-282-1540 |
| Seattle’s Union Gospel Mission  Hours: Sign Up Tues & Fri 9:30-11AM, pick up clothing Tues & Fri between 2-3PM  318 2nd Ave Extension S, Seattle WA 98104 | 206-622-5177 |
| South Sound Dream Center (clothing & other household needs)  Hours: Tues-Fri 10AM-3PM  1420 Auburn Way S, Auburn, WA, 98002 | 253-288-1806 |
| St. Francis House (clothing & other household needs)  Hours: Office M-F 9AM-2:30PM, Client Services M-F 10AM-2PM  169 12th Ave, Seattle WA 98122 |  |
| St. Thomas Catholic Church  Hours: Wed 1PM-2 PM (Serves Tukwila & North SeaTac)  4415 S 140th St, Tukwila WA 98168 | 206-242-5501 |
| St. Vincent de Paul of Seattle King County  Hours: Tues & Thurs 11AM-2PM  4540 15th Ave NE University Presbyterian Church, Seattle WA 98105 | 206-524-7301 |
| ***TEENS &YOUNG ADULTS*** |  |
| 45th St Clinic (Homeless youth ages 12-23)  Hours: Wed & Thurs 6-9PM  1629 N. 45th St, Seattle WA | 206-633-3350 |
| Atlantic Street Center (youth)  2103 S Atlantic St, Seattle WA 98144 | 206-329-2050 |
| Auburn Youth Resources (provide counseling, residential treatment, street outreach, etc.)  816 F St SE, Auburn WA 98002 [www.ayr4kids.org](http://www.ayr4kids.org) | 253-939-2202 |
| Bellevue Youth Link/ Teen Services- clothing for low income teens  Hours: M-F, 8am-5pm. Open last Monday of the month, 5-7pm.  2015 Richards Rd SE, Bellevue WA 98005 | 425-643-8246 |
| Birch Creek Youth Center Hours: Wed/Fri/Sat 6pm-9:30PM  12910 SE 273rd St, Kent WA 98030 | 253-638-0473 |
| Catholic Community Services- University District Youth Center (Ages 13-22)  Hours: Office- M-F 9-5 Drop-in Mon- Thurs 1PM-3:30PM  4516 15th Ave NE, Seattle WA 98105 | 206-526-2992 |
| Country Doctor Free Clinic for Homeless Youth (Ages 12-23)  Hours: Tues & Thurs 6-8:30PM  500 19th Ave E, Seattle WA | 206-299-1600 |
| Lambert House (GLBTQ youth ages 22 and under)  Drop in Center M-F 4PM- 9:30PM. Support groups, games, help with access to shelters, talk to counselors, meals served 5 nights a week, movie night, art night.  1818 15th Ave, Seattle WA 98122 | 206-322-2515 ex 819 |
| New Horizons Ministries (Street youth ages 22 and under)  Hours: Office M-F 9-4, Breakfast M/T/Th/F 10AM-12PM. Dinner M/W 7-9:30PM  2709 3rd Ave, Seattle WA 98121 Sun 6-9PM | 206-374-0866 |
| Peace for the Streets by Kids from the Streets (support for homeless & at risk youth)  1609 19th Ave #100, Seattle WA 98122 | 206-726-8500 |
| Powerful Voices <http://www.powerfulvoices.org/programs/initiative.html> | 206-860-1026 |
| Public Health Teen Clinics  Auburn: 901 Auburn Way N, Auburn WA 98002 (walk in hours: Tues 12:30-4PM)  Federal Way: 33431 13th Pl S, Federal Way WA 98003 (walk in hours: Wed 2-4PM)  Eastgate: 14350 SE Eastgate Way, Bellevue WA 98007 (walk in hours: Wed 1-5:30PM)  Kent: 25742 104th Ave SE, Kent WA 98030 (schedule appt M-F) | 206-477-0600  206-477-6800  206-296-9770  206-477-6950 |
| Richmond Highlands Recreation Center (FREE Drop in REC for middle school-18)  16554 Fremont Ave N, Shoreline WA 98133  Hours: Tu-Th 2:30-7PM, Fri 2:30PM-12AM, Sat 7PM-12AM | 206-801-2680 |
| Safe Futures Youth Center (Gang & Violence Prevention) [www.sfyc.net](http://www.sfyc.net) | 206-938-9606 |
| Shelters:  Friends of Youth- Intake and Outreach  Friends of Youth- Emergency Shelter (24 hours)  Orion Center Shelter (18+)  ROOTS Shelter (18-25)  South King County Youth Shelter  Youthcare Shelter  YWCA- Emergency Shelter (women 18+) | 425-822-9349  206-236-KIDS  206-622-5555  206-632-1635  253-833-5666  206-694-4506  206-461-4882 |
| Street Youth Ministries (Homeless youth and young adults ages 13-26)  Drop in Center M/Tu/Th 7:30-9:30PM & Fri 1-4PM. Youth can shower, use phone, laundry, access to blankets, clothing and meals. Case management available.  4540 15th Ave NE, Seattle WA 98105 | 206-524-7301 ex 111 |
| Teen Feed (youth ages 13-25)  Support Coordinator can help with obtaining basic needs, counseling, WA ID, Housing, Drug/ Alcohol Treatment, Mental Health Referrals, Healthcare Enrollment, Employment Referral, Meal & Food Stamps  **EVERY WEDNESDAY 2PM-4PM- Get basic needs items and connect with Staff**  4740 B University Way NE, Seattle (University Ave & 50th NE)  **Free Dinners for youth:**  **Seattle’s University District** **7PM-8PM**  Mon & Fri 1604 NE 50th St, Seattle (NE 50th & 16th NE)  Tues/Wed/Thur 4515 16th Ave NE, Seattle (16th NE & NE 45th)  Saturday- Roots Youth Shelter, 1415 17th Ave NE (NE 43rd & 15th NE)  Sunday-UW Hillel, 4745 17th Ave NE, Seattle (NE 46th & 17th NE)  **Auburn**  **6:30-8PM**  Wed & Fri- Arcadia Drop-in Center, 915 H St SE, Auburn (9th & J St)  **Rainer Beach 6:30-8PM**  Thursday- Atlantic St Center’s Family Center, 5150 S. Cloverdale Pl, Seattle (Cloverdale Pl & Wabash Ave S) | ximena@teenfeed.org  206-356-9314  hatlo@teenfeed.org  206-802-5735  206-229-0813  206-446-1075  206-446-1075 |
| Team Child <http://www.teamchild.org/> | 206-322-2444 ex 101 |
| Teen Link  Chat online with Teen Link volunteers from 6PM- 10PM | 866teenlink.org  866-833-6546 |
| YMCA- See CHILDCARE/CHILDREN/ PARENTING section |  |
| Youth Build (Ages 16-24, empower youth & provides pathway to employment in  <https://www.youthbuild.org/> the construction field and finishing GED) | 206-276-2140 |
| Youth Eastside Services <http://www.youtheastsideservices.org/> | 425-747-4937 |
| ***VETERANS ASSITANCE*** |  |
| American Legion  Post 186: 719 King St, Seattle WA 98104  Post 40: 321 NW 51st St, Seattle WA 98107  Post 160: 3618 SW Alaska St, Seattle WA 98126  Post 123: 2426 32nd Ave W, Ste 200, Seattle WA 98199  Post 235: 12424 42nd Ave S, Tukwila WA 98168  Post 99: 701 18th Ave W, Kirkland WA 98033  Post 227: 14521 17th Ave NE, Shoreline WA 98155  Post 19: 3224 NW 12th St, Renton WA 98057  Post 239: 4330 148th Ave NE, Redmond WA 98052  Post 1: PO Box 66949, Seattle WA 98166  Post 134: 920 SW 150th St, Burien WA 98166  Post 127& 204: 21920 SR 9 SW, Woodinville, WA 98072  Post 159: 18134 Vashon Hwy SW, Vashon WA 98070  Post 161: 4330 148th Ave NE, Redmond WA 98053  Post 15: 25406 97th Pl S, Kent WA 98030  Post 199: 31951 E Bird, Carnation WA 98014  Post 232: 34608 4th Pl S, Federal Way WA 98003  Post 79: 38625 River St, Snoqualmie WA 98065 | 425-482-9245  [alwapo40@gmail.com](mailto:alwapo40@gmail.com)  206-932-9696  [elizabeth.servey@gmail.com](mailto:elizabeth.servey@gmail.com)  206-870-0387  425-941-6157  206-842-5000  425-271-1439  425-647-6368  206-623-5967  206-244-4319  425-483-5599  253-941-7985  206-423-3155  425-883-0161  253-859-9905  206-225-5369  253-927-3056  [commander@post79.org](mailto:commander@post79.org) |
| Department of Veterans Affairs  <http://www.dva.wa.gov/> | 800-562-2308 |
| National Call Center for Homeless Veterans | 877-424-3838 |
| Navy-Marine Corps Relief Society  Assistance for active and retired individuals and their families  Bangor  Bremerton  Everett | 360-396-6704  360-627-2187  425-304-3203 |
| Northwest Justice Program, Veterans Project  401 2nd Ave S, Ste 407, Seattle WA 98104 | 888-201-1012  206-464-1519 |
| King County Human Services – Veterans Assistance  401 5th Ave, Ste 510, Seattle WA 98104  http://www.kingcounty.gov/socialservices/veterans.aspx | 206-296-7656 |
| Veteran’s Crisis Line – 24/7 | 800-273-8255 |
| Work Source: Veteran Employment Specialists  Auburn  Downtown Seattle  Renton  Rainier  Redmond  North Seattle | 253-804-1132 or 1150  206-832-3616  253-804-1150  206-721-6023  425-861-3788  206-934-6086 |